

RESTAURANT MENU

APPETIZERS

FRIED CALAMARI  **19**

Deep-fried calamari, onion, spicy tomato sauce

MEATBALLS **18**

Italian meatballs served with tomato sauce

MAC AND CHEESE BITES **16**

Deep-fried mac and cheese bites with Gorgonzola dip

COCONUT SHRIMP  **18**

Deep-fried shrimp, red onion, peppers with garlic-lime aioli

PORTOBELLO MUSHROOM BITES **15**

Portobello mushroom blend dredged in seasoned flour and fried golden brown, served with truffle aioli

CHICKEN WINGS  **18**

Choice of hot, BBQ, sweet chili, sea salt and cracked black pepper, honey garlic, with veggies and ranch

BEARSPAW NACHOS  **18**

Tri-color corn tortillas, layered with our special blend of cheese, bell peppers, onions, black olives, tomatoes, jalapeños, sour cream, fire-roasted salsa, guacamole
Add diced chicken or beef \$5

CHICKEN TENDERS  **15**

Crispy breaded chicken tenders served with plum sauce, or choose Buffalo-style

SOUP OF THE DAY **9**

Please check with your server about today's creation!

ONION SOUP **11**

Onion beef broth, white wine, croutons, melted cheese

SALADS

Add to any salad: grilled chicken breast \$6 / tiger prawn \$8

KALE CAESAR SALAD  **14**

Organic baby kale, romaine, bacon bits, croutons, shaved Parmesan, house-made Caesar dressing

CAPRESE SALAD  **15**

Tomatoes, fior di latte, onion, basil, parsley, extra virgin olive oil

CITRUS FENNEL SALAD   **15**

Fennel, radicchio, grapefruit, orange, mint, Pecorino cheese, almonds, citrus dressing

MIXED GREENS SALAD   **12**

Mix of greens, onions, tomato, toasted almonds, orange dressing

MIXED BERRY SPINACH SALAD  **15**

Spinach, radicchio, mixed berries, citrus fruit, sesame seeds, balsamic vinaigrette

BETWEEN BREAD

All served with choice of golden fries, yam fries, Caesar salad, mixed greens, or cup of soup

CHICKEN MEMBERS CLUB  **17**

Grilled chicken tenders, bacon, lettuce, tomato, served on Texas toast

CHICKEN BURGER **18**

Fresh ground chicken, onion, tomatoes, lettuce, bacon, basil yogurt dressing

PHILLY CHEESE STEAK  **20**

Sliced beef, mushroom, sautéed bell peppers, cheese, served on an onion sub bun

CHICKEN PARM CIABATTA **19**

Breaded chicken, mozzarella, roasted red peppers, onion, lettuce, tomato sauce, Ciabatta bread

MARKET DIP  **18**

AAA Alberta Beef, horseradish aioli, Swiss, au jus

PAW BURGER  **19**

7oz AAA chuck patty, cheddar, bacon, lettuce, tomato, onion, pickle, tarragon Russian dressing, sesame bun
Substitute Beyond Meat patty \$3

MUSHROOM SWISS BURGER  **19**

7oz house-made AAA chuck patty, Swiss cheese, sautéed mushrooms, BBQ sauce, onions, lettuce, tomato, on a sesame bun. **Beyond Meat patty \$3**

BUFFALO CHICKEN WRAP **18**

Spicy breaded chicken tenders, Caesar salad, grilled flour tortilla, Buffalo sauce

MUSHROOM VEGGIE DELIGHT   **17**

Grilled Portabella mushrooms, onion, roasted peppers, arugula, fire-roasted bruschetta, truffle oil topped with lemon-lime aioli on Ciabatta bread



VEGAN



GLUTEN FREE AVAILABLE



GLUTEN FREE



DAIRY FREE



VEGAN AVAILABLE



PIZZA

Gluten-free available (Care Bakery) for \$3

MARGHERITA 18

Hand-tossed dough, tomato sauce, mozzarella cheese, basil. *Individual size 12*

VEGETARIAN 22

Hand-tossed dough, tomato sauce, mozzarella cheese, onion, peppers, mushroom, arugula. *Individual size 16*

CHICKEN 23

Hand-tossed dough, garlic lemon cream mascarpone, onion, chicken, peppers. *Individual size 17*

PEPPERONI 20

Hand-tossed dough, tomato sauce, mozzarella cheese, pepperoni. *Individual size 14*

MEAT 25

Hand-tossed dough, tomato sauce, mozzarella cheese, pepperoni, sausage, capocollo, ham, onion, mushroom. *Individual size 19*

MAUI PIZZA 22

Hand-tossed dough, tomato sauce, ham, pineapple. *Individual size 16*

PASTA

SPAGHETTI CARBONARA 22

Cream, bacon, onions, garlic, basil, sautéed with white wine

LASAGNA 25

House-made pasta, Italian sausage, beef, Parmesan, mozzarella cheese

PENNE SAUSAGE ARRABBIATA 23

Sausage, garlic, onions, flaked chilis, sautéed with white wine and tomato sauce

SPAGHETTI & MEATBALLS 23

Italian meatballs, garlic, basil, onions, sautéed with white wine and tomato sauce

LOBSTER RAVIOLI 20

Lobster wrapped in pasta with wild mushrooms, tossed in a Brandy rose truffle oil sauce

FARFALLE ROMANO 24

Tomato, basil, wild mushrooms and shrimp sautéed in white wine sauce, with arugula and Pecorino Romano

MAINS

CHICKEN PARMIGIANA 22

Fried and breaded chicken breast baked in the oven with tomato sauce and mozzarella cheese, served with spaghetti in garlic olive oil

STEAK ROLL-UP 21

AAA sliced beef with Japanese-inspired marinade, rolled in peppers, onions, asparagus, soy, and ginger

VEAL CHOP MILANESE 36

Breaded veal chop, served on Farfalle, topped with wild mushrooms, arugula, bruschetta

TUNA AVOCADO 25

Pan-seared tuna, ginger soy, cilantro, garlic, served with fresh vegetables and rice

ENGLISH STEAK SANDWICH 23

8oz AAA New York steak, sautéed mushrooms, house-made peppercorn sauce, onion, arugula, served with soup, mixed greens or French fries

FINE + FIT BOWL 18

Grilled sliced chicken breast, steamed kale, bell peppers, chickpeas, avocado, rice, side of hot sauce

BREAKFAST

Available 11am – 2pm daily

CLASSIC BREAKFAST 15

Two eggs, pan style, with choice of bacon, ham, or sausage, served with hashbrowns, fruit and toast

BEARSPAW SPECIAL 18

Two eggs, pan style, bacon, ham, sausage, served with hashbrowns, fruit and toast

DESSERTS

MOLTEN LAVA CAKE 8

Topped with a scoop of vanilla ice cream

COOKIES AND CREAM CHEESECAKE 8

Chewy brownie layer with cream cheese, cookie mousse and chocolate fudge, whipped cream



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